

Mindful
MEETINGS



GROUP ACTIVITIES

Mindful Breaks

Redefine your meeting space by bringing in 30-minute sessions designed to rejuvenate and energize your attendees minds and bodies at the start of their day or during an afternoon break.

Stretch
Light stretching and movement to get your attendees to shake off any stress and back in tune with their body’s flow.

Refocus
Clear attendees minds with breathing exercises to reduce blood pressure and re-balance.

$300 per session (includes instructor)

Wellness Hub

Give your attendees a relaxation zone that is dialed in for the jet-setting business travelers to relax, reset and recharge.

Chair Massage Station
Focuses on the tension in the neck and shoulder areas, while giving your alertness a power boost.

- $200 per provider/per hour
- 2-hour minimum per provider

Tarot Readings

Give your attendees the gift of relaxation and self-discovery with our tarot card readings. An unforgettable experience that adds a touch of allure to your group. Elevate moments of tranquility with insightful glimpses into the future.

- Readings are 5-10 minutes per person
- $200 per hour with a 2-hour minimum

Group Wellness Class

Supercharge your attendees engines to gear up for the day. The spa yoga studio can host up to 25 attendees lasting 45 minutes long.

Vinyasa Yoga Flow
Beginner to intermediate flow yoga session, practicing mediation, breath work and energizing movements to help reset and rebalance the body and mind.

Restorative Yoga
Creates physical, mental, and emotional relaxation with slower movements and longer holds, designed to de-stress and promote self-care.

Sound Bath
A guided meditation experience that uses sounds and vibration of singing bowls to bring about relaxation, healing, and sense of well-being.

- $350 (includes instructor, mats, towels, and bottled water for up to 25 attendees)
- Each additional attendee $15 per person. Additional instructor fee for groups 75+
- Event space is required for groups 25+ *subject to availability, rental fees to apply*

GROUP SPA SERVICES

Spa Treatment Blocks

Include spa treatment blocks during your event's itinerary.

With an array of treatments offered at The Spa from massages, facials and body treatments, same day use of spa facilities will be included for every attendee with a booked treatment. On top of that we provide a robe, towel, and sandals to fully submerse attendees into their wellness journey.

Spa Buyout

Escape the boardroom and gather the group for private use of The Spa, for half a day or full day (inquire for pricing).

Yoga Studio Rental

Reserve the studio for private group functions with customizable lighting and soothing music to create a serene environment.

- $250 per hour during spa operating hours.
- Additional fee before/after hours.

Spa Amenity Access

Early opening or late closing is available for exclusive use of the spa amenities to fit your attendees Las Vegas experience (inquire for pricing).

SPA VENUE

The Spa at Virgin Hotel is 25,000 square feet of luxury space, featuring our stunning co-ed roman bath house. Men's and women's separated facilities with heated whirlpools, dry saunas, eucalyptus steam rooms, relaxation lounges, lockers, showers, and vanity areas.







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